

14-1

Question $\rightarrow f_x = 2xy$, ~~??~~, $f(x, y) = ?$

Sol:
$$\begin{aligned} f(x, y) &= \int f_x(x, y) dy \\ &= \int 2xy dx \\ &= xy \int x dx \\ &= 2y \cdot \left(\frac{x^2}{2} + C(y) \right) \end{aligned}$$

Moreover
$$\int_1^{2y} 2xy dx = 2y \int_1^{2y} x dy = 2y \cdot \frac{x}{2} \bigg|_{x=1}^{x=2y}$$

$$= y \cdot (2y) - y \cdot 1 = 2y^2 - y$$

iterated
~~iterated~~ integral

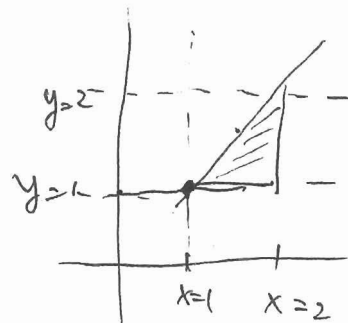
Ex
$$\begin{aligned} &= \int_1^2 \int_1^x (2x^2y^{-2} + 2y) dy dx \\ &= \int_1^2 2x^2 \frac{y^{-1}}{-1} + 2 \cdot \frac{y^2}{2} \bigg|_1^x dx \end{aligned}$$

$$= \int_1^2 \left(2x^2 \cdot \frac{x^{-1}}{-1} + x^2 \right) - \left(2x^2 \frac{1}{-1} + 1^2 \right) dx$$

$$= \int_1^2 (3x^2 - 2x - 1) dx$$

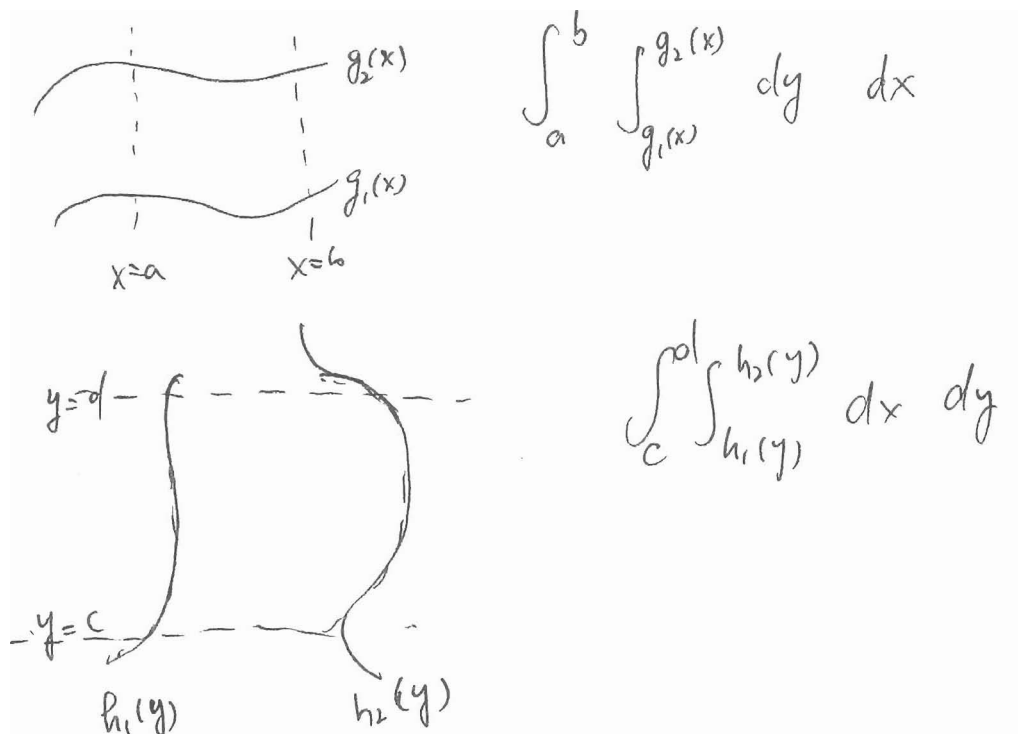
$$= x^3 - x^2 - x \bigg|_1^2$$

$$= 3$$

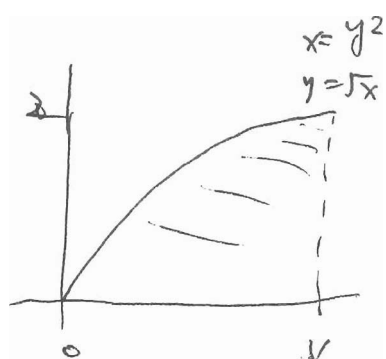
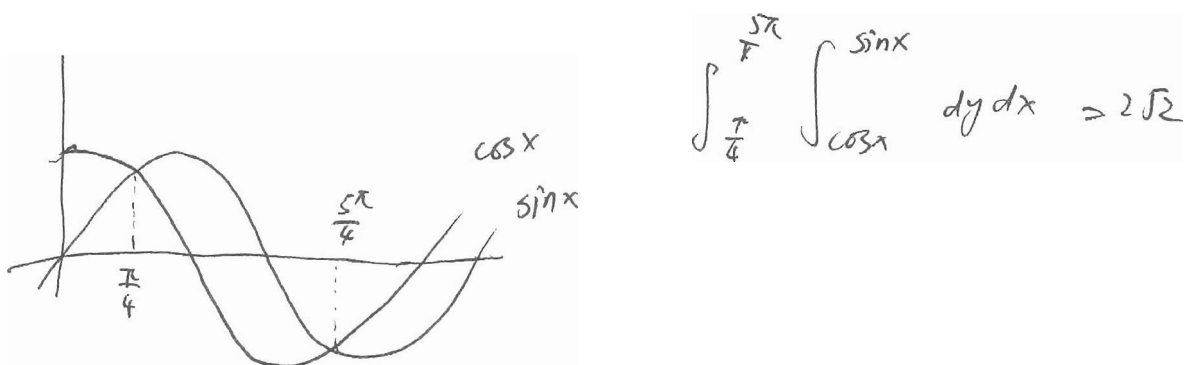


$R = \{ (x, y) : 1 \leq x \leq 2, 1 \leq y \leq x \}$. region of integration. R

14-4



Ex



$$R = 0 \leq y \leq 2$$

$$y^2 \leq x \leq x$$

or

$$R = 0 \leq x \leq 4$$

$$0 \leq y \leq \sqrt{x}$$

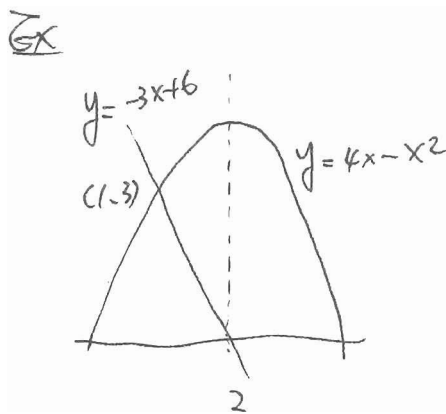
$$\int_0^2 \int_{y^2}^4 dx \, dy$$

||

$$\int_0^4 \int_0^{\sqrt{x}} dy \, dx$$

$$\frac{16}{3}$$

SK



$$\int_1^2 \int_{-3x+6}^4 + \int_2^4 \int_0^{4x-x^2}$$

$$R: 1 \leq x \leq 2, -3x+6 \leq y \leq 3x+6$$
$$2 \leq x \leq 4, 0 \leq y \leq 4x^2-x^2$$

14.2

 R region $\subseteq \mathbb{R}^3$ Def $f(x,y) \geq 0 \quad \forall (x,y) \in R$.

$$\text{Vol} = \lim_{\| \Delta \mathbf{r} \| \rightarrow 0} \sum f(x_i, y_i) \Delta A_i$$

$$= \int_R f(x,y) dA$$

double integral of f over R f integrable over R .Properties

$$\iint_R (cf \pm g) dA = c \iint_R f dA \pm \iint_R g dA$$

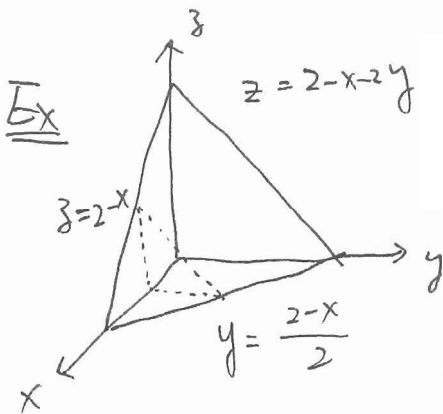
$$f(x,y) \geq g(x,y) \quad \forall (x,y) \in R \Rightarrow \iint_R f(x,y) dA \geq \iint_R g(x,y) dA$$

$$R = R_1 \cup R_2, \quad R_1 \cap R_2 = \emptyset \Rightarrow \iint_R f dA = \iint_{R_1} f dA + \iint_{R_2} f dA$$

$$\iint_R f dA =$$

How to calculate the double integral

needed = using iterated integral



$$A(x) = \frac{1}{2} \cdot \left(\frac{2-x}{2} \right) \cdot (2-x) = \frac{(2-x)^2}{4}$$

$$\text{Vol} = \int_a^b A(x) dx = \frac{2}{3}$$

Now $A(x) = \int_0^{\frac{2-x}{2}} (2-x-2y) dy$

$$\iint_R f(x, y, z) dA = \int_0^2 A(x) dx = \int_0^2 \int_0^{\frac{2-x}{2}} (2-x-2y) dy dx$$

thm: Fubini's theorem

f continuous on R

$$(1) R = \{ (x, y) \mid a \leq x \leq b, g_1(x) \leq y \leq g_2(x) \}$$

$g_1, g_2(x)$ continuous on $[a, b]$

$$\iint_R f(x, y) dA = \int_a^b \int_{g_1(x)}^{g_2(x)} f(x, y) dy dx$$

$$(2) R = \{ (x, y) \mid c \leq y \leq d, h_1(y) \leq x \leq h_2(y) \}$$

h_1, h_2 conti on $[a, b]$

$$\iint_R f(x, y) dA = \int_c^d \int_{h_1(y)}^{h_2(y)} f(x, y) dx dy$$

Note: The iterated integral and the double integral have their own definition respectively.

But Fubini's theorem says that under the condition ~~that~~ of the continuity of f they give the same value.

$$\underline{\text{Ex}} \quad \iint_R (1 - \frac{1}{2}x^2 - \frac{1}{2}y^2) dA$$

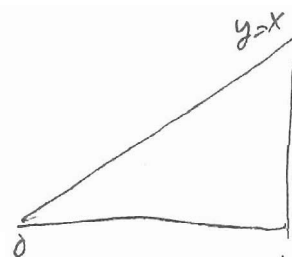
$$= \frac{2}{3}$$

$$R = \begin{matrix} 0 \leq x \leq 1 \\ 0 \leq y \leq 1 \end{matrix}$$

Ex $f(x,y) = e^{-x^2}$ $R = \{ (x,y) : 0 \leq x \leq 1, 0 \leq y \leq x \}$

Sol:

$$\int_R f(x,y) dA = \int_0^1 \int_0^x e^{-x^2} dy dx = \frac{e-1}{2e}$$



Since $R = \{ (x,y) : 0 \leq y \leq 1, y \leq x \leq 1 \}$

Ex Vol of R bounded above by the paraboloid $z = 1 - x^2 - y^2$ and below the plane $z = 1 - y$.

Sol
$$\text{Vol} = \int_0^1 \int_{-\sqrt{y-y^2}}^{\sqrt{y-y^2}} ((1-x^2-y^2) - (1-y)) dx dy$$

$$= \frac{4}{3} \int_0^1 (y-y^2)^{\frac{3}{2}} dy$$

$2y-1 = \sin \theta$

$$= \frac{1}{6} \int_{-\pi/2}^{\pi/2} \frac{\cos^4 \theta}{2} d\theta$$

14-3

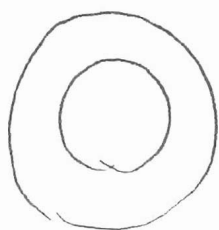
$$\Delta A = (r \cdot \Delta \theta) (\Delta r_i)$$

$$\iint_R f(r, \theta) dA \approx \sum_{i=1}^n f(r_i, \theta_i) (r_i \Delta \theta_i) (\Delta r_i)$$

therefore

$$\iint_R f(r, \theta) dA = \int_{\alpha}^{\beta} \int_{g_1(\theta)}^{g_2(\theta)} f(r, \theta) r dr d\theta$$

if $A = \{ (r, \theta) ; \alpha \leq \theta \leq \beta, 0 \leq g_1(\theta) \leq r \leq g_2(\theta) \}$
 g_1, g_2 continuous on $[\alpha, \beta]$, $0 \leq \beta - \alpha \leq 2\pi$

Ex

$$R = \{ (x, y) ; 1 \leq x^2 + y^2 \leq 5 \}, f(x, y) = x^2 + y^2$$

$$\iint_R f(x, y) dA = ?$$

$$\Rightarrow \iint_R f(x, y) dA$$

$$= \int_0^{2\pi} \int_1^{\sqrt{5}} (r \cos \theta)^2 + r^2 \sin^2 \theta \cdot r dr d\theta$$

$$= \int_0^{2\pi} \left(6 \cos^2 \theta + \frac{5\sqrt{5}-1}{3} \sin^2 \theta \right) d\theta$$

$$= 3\theta + \frac{3\sin 2\theta}{2} - \frac{5\sqrt{5}-1}{3} \cos \theta \bigg|_0^{2\pi}$$

14-3-1

Ex

Find the volume of the solid region bounded above by the hemisphere

$$z = \sqrt{16 - x^2 - y^2}$$

and below the circular region R given by

$$x^2 + y^2 \leq 4$$

pf

$$V = \iint_R f(x, y) dA$$

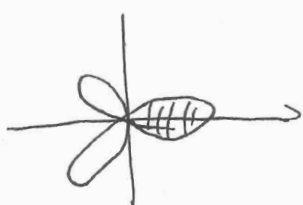
$$R = \{ (x, y) \mid x^2 + y^2 \leq 4 \}$$

$$= \{ (r, \theta) \mid 0 \leq r \leq 2, 0 \leq \theta \leq 2\pi \}$$

$$V = \int_0^{2\pi} \int_0^2 \sqrt{16 - r^2} r dr d\theta = \frac{16\pi}{3} (8 - 3\sqrt{3})$$

Ex

$$r = 3 \cos 3\theta$$



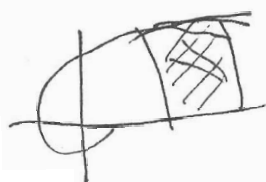
$$\begin{aligned} \frac{1}{3}A &= \iint dA = \int_{-\pi/6}^{\pi/6} \int_0^{3\cos 3\theta} r dr d\theta \\ &= \frac{9}{2} \int_{-\pi/6}^{\pi/6} \cos^2 3\theta d\theta \\ &= \frac{9}{2} \left[\theta + \frac{1}{6} \sin 6\theta \right]_{-\pi/6}^{\pi/6} \end{aligned}$$

Ex

between

$$r = \frac{\pi}{3\theta}$$

~~$r = 1$ & $r = 2$~~ between $r = 1$ & $r = 2$.



$$\iint_R dA = \int_1^2 \int_0^{\pi/3r} r d\theta dr = \frac{\pi}{3}$$

$$R = \{ (r, \theta) \mid 1 \leq r \leq 2, 0 \leq \theta \leq \frac{\pi}{3r} \}$$

14-5

$$z = f(x, y)$$



$$\Delta T_i = \Delta S_i$$

$$\vec{u} = \Delta x_i \vec{i} + f_x(x_i, y_i) \Delta x_i \vec{k}$$

$$\vec{v} = \Delta y_i \vec{j} + f_y(x_i, y_i) \Delta y_i \vec{k}$$

$$\vec{u} \times \vec{v} = \begin{vmatrix} \vec{i} & \vec{j} & \vec{k} \\ \Delta x & 0 & f_x \Delta x \\ 0 & \Delta y & f_y \Delta y \end{vmatrix}$$

$$= -f_x \Delta y \Delta x \Delta y \vec{i} - f_y \Delta x \Delta y \vec{j} + \Delta x \Delta y \vec{k}$$

$$= (-f_x \vec{i} - f_y \vec{j} + \vec{k}) \Delta x \Delta y$$

$$\Delta T = \|\vec{u} \times \vec{v}\| = \sqrt{f_x^2 + f_y^2 + 1} \Delta A_i$$

$$\text{Surface} \approx \sum \Delta S_i \approx \sum \sqrt{f_x(x_i, y_i)^2 + f_y(x_i, y_i)^2 + 1} \Delta A_i$$

$$\rightarrow S = \int_R \sqrt{1 + f_x(x, y)^2 + f_y(x, y)^2} dA$$

Ex Surface ~~area~~ ^{of the portion} of the plane $z = 2 - x - y$ lying above the circle $x^2 + y^2 \leq 1$ in the first quadrant

$$\text{Sol } S = \iint_R \sqrt{(-1)^2 + (-1)^2 + 1} dA$$

$$R = \{(x, y) \mid x^2 + y^2 \leq 1\}$$

$$= \sqrt{3} \iint_R dA = \sqrt{3} \cdot \frac{\pi}{4}$$

Ex

Surface area of the paraboloid $z = 1 + x^2 + y^2$
lying above the unit circle.

sol: $f_x = 2x$, $f_y = 2y$, $R = \{(x, y) \mid x^2 + y^2 \leq 1\}$

$$S = \iint_R \sqrt{4x^2 + 4y^2 + 1} \, dA$$

$$= \int_0^{2\pi} \int_0^1 \sqrt{1 + 4r^2} \, r \, dr \, d\theta = \int_0^{2\pi} \frac{5\sqrt{5}-1}{12} \, d\theta = \frac{5\sqrt{5}-1}{12} \cdot 2\pi.$$

Ex

Surface area of the portion of the hemisphere

$$f(x, y) = \sqrt{25 - x^2 - y^2}$$

lying above $R = \{(x, y) \mid x^2 + y^2 \leq 9\}$

sol: $f_x = \frac{-x}{\sqrt{25 - x^2 - y^2}}$, $f_y = \frac{-y}{\sqrt{25 - x^2 - y^2}}$.

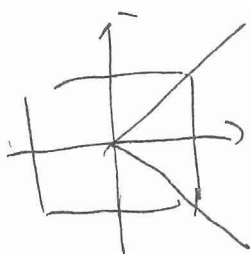
$$S = \iint_R \left(\frac{x^2}{25 - x^2 - y^2} + \frac{y^2}{25 - x^2 - y^2} + 1 \right)^{\frac{1}{2}} dA$$

$$= \int_0^{2\pi} \int_0^3 \frac{5}{\sqrt{25 - r^2}} \, r \, dr \, d\theta$$

$$= 5 \int_0^{2\pi} -\sqrt{25 - r^2} \Big|_0^3 \, d\theta = 10\pi.$$

Ex

$f(x, y) = 2 - x^2 - y^2$ $R = \{(x, y) \mid -1 \leq x \leq 1, -1 \leq y \leq 1\}$



$$R = \{(r, \theta) \mid 0 \leq r \leq \sec \theta, -\frac{\pi}{4} \leq \theta \leq \frac{\pi}{4}\}$$

$$\frac{1}{4}S = \iint_R \sqrt{(-x)^2 + (-y)^2 + 1} \, dA$$

$$= \int_{-\frac{\pi}{4}}^{\frac{\pi}{4}} \int_0^{\sec \theta} \sqrt{1 + r^2} \, r \, dr \, d\theta$$

$$= \int_{-\frac{\pi}{4}}^{\frac{\pi}{4}} \left. \frac{1}{2} (1 + r^2)^{\frac{3}{2}} \right|_0^{\sec \theta} d\theta$$

not elementary
stop

14-6

Def $w = f(x, y, z)$

$Q =$ a bound solid region

$$\sum_i f(x_i, y_i, z_i) \Delta V_i \longrightarrow \iiint_Q f(x, y, z) dV.$$

Thm Fubini theorem
If $Q = \{(x, y, z) \mid a \leq x \leq b, h_1(x) \leq y \leq h_2(x), g_1(x, y) \leq z \leq g_2(x, y)\}$

$$\iiint_Q f(x, y, z) dV = \int_a^b \int_{h_1(x)}^{h_2(x)} \int_{g_1(x, y)}^{g_2(x, y)} f(x, y, z) dz dy dx$$

Ex Evaluate the triple iterated integral

$$\int_0^2 \int_0^x \int_0^{x+y} e^x (y+2z) z dy dx$$

$$= \int_0^2 \int_0^x e^x (x^2 + 3xy + y^2) dy dx$$

$$= \frac{1}{6} \int_0^2 x^3 e^x dx$$

$$= \frac{1}{6} e^x (x^3 - 3x^2 + 6x - 6) \Big|_0^2$$

If $\iiint_Q f(x,y,z) dV$

$$\iiint_Q f(x,y,z) dV = \iiint_Q dV = \text{volume of } Q.$$

Ex volume of the ellipsoid given by $4x^2 + ky^2 + z^2 = 16$

$$Q = \{(x,y,z) \mid 0 \leq x \leq 2, 0 \leq y \leq \sqrt{4-x^2}, 0 \leq z \leq \sqrt{4-x^2-y^2}\}$$

$$\begin{aligned} V &= \iiint_Q dV \\ &= \int_0^2 \int_0^{\sqrt{4-x^2}} \int_0^{\sqrt{4-x^2-y^2}} dz dy dx \end{aligned}$$

$$= 16 \int_0^2 \int_0^{\sqrt{4-x^2}} \sqrt{4-x^2-y^2} dy dx$$

$$= 16 \int_0^2 \left[y \sqrt{4-x^2-y^2} + (4-x^2) \arcsin\left(\frac{y}{\sqrt{4-x^2}}\right) \right]_0^{\sqrt{4-x^2}} dx$$

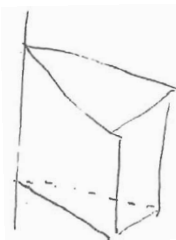
$$= 16 \int_0^2 \left((4-x)^2 - \frac{\pi}{2} \right) dx$$

Ex (changing of the order of integration)

$$\int_0^{\frac{\pi}{2}} \int_x^{\frac{\pi}{2}} \int_1^3 \sin(y^2) dz dy dx$$

$$Q = \{(x,y,z) \mid 0 \leq x \leq \sqrt{\frac{\pi}{2}}, x \leq y \leq \sqrt{\frac{\pi}{2}}, 1 \leq z \leq 3\}$$

$$= \{(x,y,z) \mid 0 \leq y \leq \sqrt{\frac{\pi}{2}}, 0 \leq x \leq y, 1 \leq z \leq 3\}$$



14.7 Cylindrical & spherical

$$\iiint_Q f(x, y, z) dV = \iint_R \int_{h_1(x, y)}^{h_2(x, y)} f(x, y, z) dz dA$$

$$= \int_{\theta_1}^{\theta_2} \int_{g_1(\theta)}^{g_2(\theta)} \int_{h_1(r, \theta)}^{h_2(r, \theta)} f(r, \theta, z) r dz dr d\theta$$

Ex

Find the volume of the solid region Q cut from the sphere $x^2 + y^2 + z^2 = 4$

by the cylinder $r = 2 \sin \theta$

sol: $V = \int_0^\pi \int_0^{2 \sin \theta} \int_{-\sqrt{4-r^2}}^{\sqrt{4-r^2}} r dz dr d\theta$

$$= 2 \int_0^\pi \int_0^{2 \sin \theta} 2r \sqrt{4-r^2} dr d\theta$$

$$= 2 \int_0^\pi \left[-\frac{2}{3} (4-r^2)^{3/2} \right]_0^{2 \sin \theta} d\theta$$

$$= \frac{8}{3} \int_0^\pi (8 - 8 \cos^3 \theta) d\theta$$

$\downarrow$
 $\cos \theta (1 - \sin^2 \theta)$

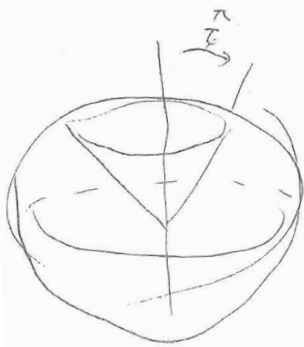
Ex $f(x, y, z) = kz$, $Q = \{(r, \theta, z) \mid 0 \leq \theta \leq 2\pi, 0 \leq r \leq 2, 0 \leq z \leq \sqrt{4-r^2}\}$

$$\int_0^{2\pi} \int_0^2 \int_0^{\sqrt{4-r^2}} kz r dz dr d\theta = 16\pi k$$

$$\Delta V = (\Delta \rho_i) (\rho_i \Delta \theta_i) (\rho_i \sin \phi_i \Delta \theta_i)$$

$$\begin{aligned} \iiint_Q f(x, y, z) dV &= \iiint_Q f(\rho, \theta, \phi) \rho^2 \sin \phi d\rho d\phi d\theta \\ &= \int_{\theta_1}^{\theta_2} \int_{\phi_1}^{\phi_2} \int_{\rho_1}^{\rho_2} \end{aligned}$$

Ex Find the volume of the solid region Q bounded below by the upper nappe of the cone $z^2 = x^2 + y^2$ and above by the sphere $x^2 + y^2 + z^2 = 9$.



$$x^2 + y^2 + z^2 = 9 \Rightarrow \rho = 3$$

the intersection of $z^2 = x^2 + y^2$ and $x^2 + y^2 + z^2 = 9$

$$\text{is } z^2 + z^2 = 2z^2 = 9$$

$$\text{is, } z = \frac{3}{\sqrt{2}}$$

$$z = \rho \cos \phi \Rightarrow \frac{3}{\sqrt{2}} = 3 \cos \phi \Rightarrow \cos \phi = \frac{1}{\sqrt{2}} \Rightarrow \phi = \frac{\pi}{4}$$

$$V = \iiint_Q dV = \int_0^{2\pi} \int_{\frac{\pi}{4}}^{\frac{\pi}{2}} \int_0^3 \rho^2 \sin \phi d\rho d\phi d\theta$$

$$= \int_0^{2\pi} \int_{\frac{\pi}{4}}^{\frac{\pi}{2}} 9 \sin \theta d\phi d\theta$$

$$= 9 \int_0^{2\pi} \left(1 - \frac{\sqrt{2}}{2}\right) d\theta$$

14.8

$$(x, y) \longrightarrow (u, v)$$

$$x = x(u, v)$$

$$y = y(u, v)$$

$$\frac{\partial(x, y)}{\partial(u, v)} = \begin{vmatrix} \frac{\partial x}{\partial u} & \frac{\partial x}{\partial v} \\ \frac{\partial y}{\partial u} & \frac{\partial y}{\partial v} \end{vmatrix} = \frac{\partial x}{\partial u} \frac{\partial y}{\partial v} - \frac{\partial x}{\partial v} \frac{\partial y}{\partial u}$$

Jacobian of x and y with respect to u, v

$$\iint_R f(x, y) dx dy = \iint_S f(x(u, v), y(u, v)) \left| \frac{\partial(x, y)}{\partial(u, v)} \right| du dv$$

$\nwarrow$ absolute value

pf

$$\vec{MN} = \frac{\partial x}{\partial u} \Delta u \vec{i} + \frac{\partial y}{\partial u} \Delta u \vec{j}$$
$$\vec{MQ} = \frac{\partial x}{\partial v} \Delta v \vec{i} + \frac{\partial y}{\partial v} \Delta v \vec{j}$$

$$\vec{MN} \times \vec{MQ} = \begin{vmatrix} \vec{i} & \vec{j} & \vec{k} \\ \frac{\partial x}{\partial u} & \frac{\partial y}{\partial u} & 0 \\ \frac{\partial x}{\partial v} & \frac{\partial y}{\partial v} & 0 \end{vmatrix} = \begin{vmatrix} \frac{\partial x}{\partial u} & \frac{\partial y}{\partial u} \\ \frac{\partial x}{\partial v} & \frac{\partial y}{\partial v} \end{vmatrix} \Delta u \Delta v$$

$\nwarrow$ absolute value.

$$\Delta A \approx \|\vec{MN} \times \vec{MQ}\| \approx \left| \frac{\partial(x, y)}{\partial(u, v)} \right| \Delta u \Delta v$$

Ex

$$R = \text{region bounded by } x-2y \geq 0, x-2y \leq -x, x+y \leq 1, x+y \geq 0,$$
$$= \{(x, y) \mid -1 \leq x-2y \leq 0, 1 \leq x+y \leq 2\}$$

$$\begin{aligned} x-2y &= -u & 3x &= u+2v & \Rightarrow & x = \frac{1}{3}(u+2v) \\ x+y &= v & 3y &= -u+v & \Rightarrow & y = \frac{1}{3}(-u+v) \end{aligned}$$

$$\frac{\partial x}{\partial u} = \frac{1}{3}, \quad \frac{\partial x}{\partial v} = \frac{2}{3}, \quad \frac{\partial y}{\partial u} = -\frac{1}{3}, \quad \frac{\partial y}{\partial v} = \frac{1}{3}$$

$$\frac{\partial(x,y)}{\partial(u,v)} = \begin{vmatrix} \frac{1}{3} & \frac{2}{3} \\ -\frac{1}{3} & \frac{1}{3} \end{vmatrix} = \frac{1}{9} + \frac{2}{9} = \frac{1}{3}$$

$$\iint_R 3xy \, dA = \int_{-4}^0 \int_1^4 3 \cdot \frac{1}{3} (u+v) \, dv \, du \quad \left(\frac{1}{3} \right) \int_{-4}^0 \int_1^4 (u+v) \, dv \, du$$

$$= \left(+\frac{1}{9} \right) \int_{-4}^0 \int_1^4 (-u^2 - uv + 2v^2) \, dv \, du$$

$$= \left(+\frac{1}{9} \right) \int_{-4}^0 \left(-u^2 v - u \frac{v^2}{2} + \frac{2}{3} v^3 \right) \Big|_1^4 \, du$$

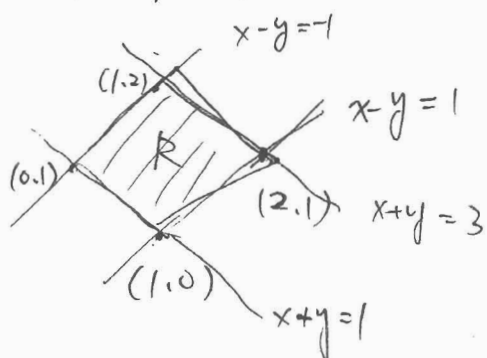
$$= +\frac{1}{9} \int_{-4}^0 \left(-3u^2 - u \frac{15}{2} + \frac{2}{3} \cdot 63 \right) \, du$$

$$-\frac{15}{2} \cdot 16 = -120$$

$$= +\frac{1}{9} \left(-u^3 - \frac{15}{4} u^2 + 42 u \right) \Big|_{-4}^0$$

$$= +\frac{1}{9} (-64 + 60 + 168) = \frac{164}{9}$$

Ex $R = \{ (x,y) : 1 \leq x+y \leq 3, -1 \leq x-y \leq 1 \}$



$$\begin{aligned} x+y &= u \\ x-y &= v \end{aligned} \Rightarrow \begin{aligned} 2x &= u+v \\ 2y &= -u+v \end{aligned}$$

$$\Rightarrow x = \frac{1}{2}(u+v)$$

$$y = \frac{1}{2}(-u+v)$$

$$14 - 16 - 2$$

$$S = \{(u, v) \mid -1 \leq u \leq 1, 1 \leq v \leq 3\}$$

$$\iint_R (x+y)^2 \sin^2(x-y) \, dA$$

~~Find~~ $\frac{\partial x}{\partial u} = \frac{1}{2} \quad \frac{\partial x}{\partial v} = \frac{1}{2}, \quad \frac{\partial y}{\partial u} = -\frac{1}{2}, \quad \frac{\partial y}{\partial v} = \frac{1}{2}$

$$\frac{\partial(x, y)}{\partial(u, v)} = \begin{vmatrix} \frac{1}{2} & \frac{1}{2} \\ -\frac{1}{2} & \frac{1}{2} \end{vmatrix} = \frac{1}{4} + \frac{1}{4} = \frac{1}{2}$$

$$= \int_{-1}^1 \int_1^3 v^2 \sin^2 u \left| \frac{1}{2} \right| \, dv \, du$$

$$= \frac{1}{2} \int_{-1}^1 \left. \frac{v^3}{3} \sin^2 u \right|_1^3 \, du$$

$$= \frac{1}{2} \int_{-1}^1 \frac{26}{3} \cdot \frac{1 - \cos 2u}{2} \, du$$

$$= \frac{13}{6} \left(u - \frac{1}{2} \sin 2u \right) \Big|_{-1}^1$$

$$= \frac{13}{6} \left[\left(1 - \frac{1}{2} \sin 2 \right) - \left(-1 - \frac{1}{2} \sin -2 \right) \right]$$

$$= \frac{13}{6} (2 - \sin 2)$$